

Injectables Access Collaborative technical assistance menu

INJECTABLES ACCESS
COLLABORATIVE

PATH

Clinton Health Access Initiative
inSupply Health

Jhpiego

JSI

The Injectables Access Collaborative provides flexible, demand-driven scale-up support to a range of countries that request technical assistance. **This free-of-charge technical assistance is available to all.** In addition to general information and evidence on DMPA-SC and self-injection, partners can access virtual and in-person support by submitting a technical assistance request through the form found on the DMPA-SC Resource Library at www.FPoptions.org/TA. Please email FPoptions@path.org with any questions.

Access Collaborative staff can provide general information, evidence, and technical support on the following areas:

- ✓ Self-injection program design
- ✓ Developing DMPA-SC introduction and scale-up strategies
- ✓ Innovative training and supervision approaches
- ✓ Advocacy and awareness building
- ✓ Policy development, implementation, and monitoring
- ✓ Market development
- ✓ Private-sector strategies
- ✓ Leveraging community health workers to increase access to injectables
- ✓ Supply chain management (strategic supply planning, forecasting and quantification exercises)
- ✓ Monitoring and evaluation
- ✓ Research studies or self-injection pilots
- ✓ Input to overall priorities and strategy development for family planning programming
- ✓ Applying lessons learned and best practices to other new product introduction and self-care
- ✓ Funding for catalytic scale-up activities
- ✓ Intersectional gender integration and consideration of specific populations in programming
- ✓ Demand generation and behavior change for DMPA-SC self-injection | *provided by the Populations Services International (PSI) and Delivering Innovation in Self-Care(DISC) project**

About the Injectables Access Collaborative

The Injectables Access Collaborative (AC) provides data-driven technical assistance, coordination, resources, and tools to ensure that women and girls have increased access to DMPA-SC and self-injection as part of an expanded range of contraceptive methods, delivered through informed choice programming. The AC is led by PATH in partnership with the Clinton Health Access Initiative (CHAI), inSupply Health, Jhpiego, and JSI.

More information

FPoptions@path.org
www.FPoptions.org
www.path.org/dmpa-sc



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Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Self-injection program design	
<p>Self-injection Program Design Guide</p> <p>Templates:</p> <ul style="list-style-type: none"> • Self-injection (SI) journey map • SI scale-up plan <p>Sample SI scale-up plans</p> <p>Worksheet for optimizing SI provision</p> <p>Lessons learned and evidence</p>	<ul style="list-style-type: none"> • Support use of available SI evidence to inform decision-making about advocacy priorities or implementation strategies. • Support development or review SI guidelines with an eye to advancing ‘best practices’ for SI introduction and scale-up. • Support development or review implementation strategy to operationalize SI program. • Facilitate development workshop: support planning for, attend and co-facilitate if needed, SI guidelines or implementation plan development workshop. • Attend technical working group/other stakeholder meetings and present and answer questions about lessons learned from other countries, share evidence from other countries, meet with key partners to discuss roles. • Guidance on developing country dispensing protocol. • Intersectional gender integration program review.
Developing DMPA-SC introduction and scale-up strategies	
<p>How to introduce and scale-up DMPA-SC guide</p> <p>Introduction plan template</p> <p>Sample introduction and scale-up plans</p> <p>Scale-up plan costing:</p> <ul style="list-style-type: none"> • Robust costing tool template • Simple costing tool template • Costing brief (lessons learned) <p>Lessons learned and evidence</p>	<ul style="list-style-type: none"> • Support development of initial draft introduction or operational plan: provide feedback and review the initial draft document to ensure it is ready to share with partners for input. • Facilitate development workshop: co-facilitate a workshop with country partners to develop key inputs for the introduction plan and ensure appropriate level of detail in the document. • Draft and/or final plan review: review and provide input into draft plan to ensure it is comprehensive. • Support aligning scale-up strategies with available supply. • Partner mapping: meet with key partners to discuss roles, priority activities, introduction strategies, how to fill gaps in geographic coverage, identify opportunities for integration with ongoing initiatives or projects through action planning.

Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Innovative training and supervision approaches	
<p>DMPA-SC and SI provider training materials:</p> <ul style="list-style-type: none"> • Adaptable provider training manual/materials (Word and PowerPoint) • Training-of-trainers materials • eLearning course and registration job aid • Training video: how to administer DMPA-SC • Virtual orientation and TOT materials for implementing partners • Digital provider training approaches, such as eLearning and Interactive-voice-response (phone-based) training • Empathy-based counselling tool and supporting implementation documents* <p>SI client training materials:</p> <ul style="list-style-type: none"> • Training video: how to give yourself a DMPA-SC injection • Client proficiency/SI observation checklist • Client SI job aids • Reinjection timing recommendations and calendar <p>DMPA-SC supportive supervision toolkit:</p> <ul style="list-style-type: none"> • SI provider counseling observation checklist • FP counseling observation checklist • Supportive supervision checklist for DMPA-SC SI programs • Provider administration observation checklist • Remote supervision tool for FP providers <p>Lessons learned and evidence</p>	<ul style="list-style-type: none"> • Provide guidance in adapting DMPA-SC/SI materials to the country’s context and different audiences. • Review training manual/materials: provide review and input to updated national training materials to ensure sufficient inclusion of DMPA-SC/SI and reflections on gender integration and consideration of adolescents and other hard to reach populations. • Help identify innovative and low-cost training approaches, support integrating of DMPA-SC/SI into existing training opportunities. • Provide guidance on private-sector considerations for provider and client training. • Support countries to develop training roll-out plan (sequence, etc.) • Facilitate training-of-trainers: facilitate TOT using best practices learned during other similar training. • eLearning planning, guidance, and coordination on implementation and monitoring course progress (PATH provides MOH or organization with their Health workers’ registration and course completion data). • Provide guidance on how to/support incorporation of DMPA-SC/SI and other products in pre-service training. • Integration of empathy training to reinforce quality counseling and overcome barriers for SI. * • Planning and guidance on resources for traditional and virtual supervision approaches and integrating DMPA-SC/SI into routine supportive supervision.

**Available through the DISC project.*

Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Advocacy and awareness building	
<p>Advocacy pack for DMPA-SC: tools for advocacy and communications planning</p> <p>“Policies to consider” guide</p> <p>Advocacy strategy development template</p> <p>Handouts for decision-makers on various topics including: DMPA-SC evidence at a glance, SI, cost and cost-effectiveness, and dispelling myths and misconceptions</p> <p>Lessons learned and evidence</p>	<ul style="list-style-type: none"> • Introductory meetings: participate in initial visits with the MOH and other stakeholders to advocate for introduction/institutionalization of DMPA-SC and SI or key implementation issues, initiate discussions for next steps to develop an introduction and/or scale-up plan or strategy. • Developing an advocacy strategy. • Developing a stakeholder engagement plan. • If policy change is required, policy analysis/landscaping: support design/structure of a policy analysis plan, provide feedback on desk review. • Facilitate meetings/workshops to develop an advocacy strategy, build stakeholder consensus, and develop and review policies/guidelines.
Policy development, implementation, and monitoring	
<p>Advocacy pack for DMPA-SC: tools for advocacy and communications planning</p> <p>“Policies to consider” guide</p> <p>Self-injection Policy Cycle Analysis</p>	<ul style="list-style-type: none"> • Policy landscaping. • Policy analysis/landscaping: support design/structure of a policy analysis plan, provide feedback on desk review, provide insights into other country policies. • Developing specific policies: provide guidance, examples, advise on process and/or content. • Share suggestions or reflections on gender integration and consideration of adolescents and other hard to reach populations. • Supporting development or review of cross-sectoral policies, such as self-care guidance. • Advise on policy monitoring and accountability approaches, including monitoring funding allocation and dissemination of funds. • Advise on adaptive management of policies relevant to implementation of DMPA-SC, SI, and self-care programs to ensure successful implementation.
Market development	
	<ul style="list-style-type: none"> • Conduct/support situational analysis: stakeholder mapping, review current DMPA-SC status, assess scope of scale-up plan (pilot, limited introduction, full introduction, etc.) • Provide guidance on introducing DMPA-SC/SI in new channels and sectors. • Provide guidance and resources on conducting market analyses.

Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Private-sector strategies	
<p>Sample private-sector engagement strategies</p> <p>Advocacy pack for DMPA-SC: tools for advocacy and communications planning</p> <p>Evidence at-a-glance: Spotlight on private-sector provision of subcutaneous DMPA</p>	<ul style="list-style-type: none"> • Provide evidence for advocacy for policies to support pharmacy and drug shop initiation and resupply for SI clients. • Support development of private-sector engagement strategy or task-shifting guidelines. • Provide guidance on private-sector considerations for provider and client training. • Provide guidance on overbranding and repackaging considerations for private sector.
Leveraging community health workers to increase access to injectables	
<p>Lessons learned and evidence</p>	<ul style="list-style-type: none"> • Provide evidence for advocacy for policies to support community health worker initiation and resupply for SI clients. • Support development or review community-based distribution strategy or task shifting guidelines. • Support development or review implementation strategy to operationalize SI program at community level. • Provide guidance on considerations for community health worker and client training.
Supply chain management	
<p>Quantification guide, DMPA-SC companion</p> <p>DMPA-SC quantification quick reference</p> <p>Pipeline monitoring checklist</p> <p>Supply Chain Compass Tool</p> <p>Logistics Indicators Assessment Tool</p>	<ul style="list-style-type: none"> • Support estimating commodity needs: <ul style="list-style-type: none"> ○ Review introduction/training plans to help translate into supply assumptions ○ Discuss assumptions about IM/SC product mix ○ Provide outlook analyses (and/or review data) in advance of meetings ○ Remote consultation during supply planning/review exercises ○ Review supply plan/report • Routine supply monitoring: <ul style="list-style-type: none"> ○ Recap output from last quantification ○ Outlook analyses (and/or review data) ○ Support good supply planning processes ○ Provide shipment updates • Review LMIS, recommend updates to integrate DMPA-SC.

Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Supply chain management support (continued)	<ul style="list-style-type: none"> • Discuss supply chain considerations for SI rollout. • Consult on bottlenecks, challenges, questions. • Review DMPA-SC intro plans/training plans to assist with translating plans into assumptions about expanding service offering (timeframe and expansion over time); support prep/discussion to develop assumptions about switching to SC from IM, from other methods, or from no method (new users); review of global or local evidence to support assumptions. • Quantification meeting: support country coordinator in discussion, consensus, and documentation of the above assumptions; assist quant team in preparing forecast calculations for SC; support good supply planning practices for SC in new product intro context. • Provide guidance on using Supply Chain Compass tool to assess status of supply chain system, make recommendations for using results to identify bottlenecks and challenges in supply distribution.
Monitoring and evaluation	
<p>Country monitoring plan template including standard DMPA-SC and SI scale-up indicators</p> <p>Guidance for selecting indicators</p> <p>Training and costing data collection tools</p> <p>DMPA-SC dashboards and decision support tools</p> <p>General data visualization tools for standard data presentation</p> <p>“How to” guide for using routine SI data and comparing routine provider administration data</p> <p>Rapid assessment of progress (RAP) study designs and tools to understand implementation challenges</p>	<ul style="list-style-type: none"> • Support for M&E operationalization suite: provide materials and guidance for facilitating M&E discussions with stakeholders, selecting appropriate indicators to monitor introduction/scale-up and providing tool templates for data collection. • Review M&E plan: review and provide input on country M&E plans, including input on data sources and indicator definitions, and assist in contextualizing tools for data collection. • Consult on methodologies and tools for collecting SI data in the absence of routine systems (integration of SI into the HMIS). • Provide guidance and input on integration of DMPA-SC/SI into routine HMIS, including suggested indicators, reviewing revised tools, and suggestions for training health workers on updated tools and processes. • Provide a template for implementing an evaluation of SI progress, including guidance on methodology and data collection instruments to be adapted to local context to organizations and implementing partners for conducting rapid assessments of progress to understand scale-up challenges. • Provide guidance and data visualization tools for how to facilitate a data review session with stakeholders at national and/or subnational levels.

Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Research studies or self-injection pilots	
Protocol synthesis document Study questionnaires Sample study timeline	<ul style="list-style-type: none"> • Provide guidance and input on pilot/study design and general lines of inquiry, including reflections on gender integration and consideration of adolescents and other hard to reach populations. • Review pilot/study protocols and instruments. • Guidance or input on learning agenda development.
Inputs to overall priorities in programming	
	<ul style="list-style-type: none"> • Provide general advice or input into a proposed approach. • General TA assessment/consultation with recommendations for next steps. • Recommendations and lessons learned on collaboration with governments and stakeholder coordination.
Applying learning to new product introduction and self-care	
Sample self-care guidelines	<ul style="list-style-type: none"> • Support adaptation of DMPA-SC/SI introduction tools, resources, and lessons learned to other new product introduction efforts. • Support development or review of self-care guidelines.
Seeking funding for catalytic scale-up activities	
	<ul style="list-style-type: none"> • Provide strategic input on design for DMPA-SC Catalytic Opportunity Fund (COF) applications. • Support development or review draft COF application narratives. • Provide guidance or input to address challenges during COF award implementation.
Special considerations in programming	
	<ul style="list-style-type: none"> • Provide guidance and strategic input on intersectional gender integration and consideration of adolescents and other hard to reach populations in design of advocacy strategies, research, policies, and training materials.

Category	Tools available	Examples of TA available from Access Collaborative staff (remote or in-person)
Demand generation and behavior change for DMPA-SC self-injection <i>available through the Delivering Innovation in Self-Care project*</i>		
<p>User/provider insight reports</p> <p>Qualitative research tools to validate user/provider insights in new markets</p> <p>Radio scripts</p> <p>Scripts for interactive voice response (phone-based) SI training</p> <p>Digital and social media content (e.g., ads, copy <i>as permissions allow</i>)</p> <p>Messaging and materials for community engagement/events</p>		<ul style="list-style-type: none"> • Share user insights and outline barriers across the user journey from experience in Delivering Innovation in Self-Care project markets. • Share provider insights and outline barriers for providers. • Provide guidance on using qualitative research tools to validate insights in new markets. • Media planning: <ul style="list-style-type: none"> ○ Share best practice learnings for media planning across channels and example media channel ecosystems. ○ Share materials and advice on using “Discover your power” concept for use as a media campaign idea. ○ Recommend metrics and data sources for campaign performance tracking and measurement. • Provide guidance, sample content, and scripts for radio, interactive voice response, and social media. • Provide recommendations and messaging/materials for community engagement and events. <p><i>More intensive technical support from the Delivering Innovation in Self-Care project may be available with additional resources.</i></p>

*The Injectables Access Collaborative works in partnership with the Population Services International (PSI) Delivering innovation in Self-Care (DISC) project, a five-year initiative funded by the Children’s Investment Fund Foundation that supports women to assume greater power and control over their sexual and reproductive health by using contraceptive self-care methods like self-inject. In partnership with Ministries of Health, healthcare provider networks, and other implementing organizations, DISC integrates self-care into health systems, bringing care closer to women and amplifying their voice, choice and agency. DISC launched first in Uganda and Nigeria (active since 2020) and in 2022, CIFF and the Bill and Melinda Gates Foundation have co-funded DISC’s roll-out in Malawi. To learn more about DISC, please refer to the DISC [website](#) or email disc.info@psi.org.