

Observation checklist to assess health workers orienting clients on DMPA-SC self-injection

Health worker name: _____

Date: _____

Provider type: Facility Community

District/region: _____

Health facility name: _____

Supervisor name: _____

Health facility type: Public Private Pharmacy Drug shop Other (specify): _____

- Which training did the health worker complete? (tick one)
 - eLearning Lesson 10 only (lesson covering self-injection)
 - All DMPA-SC eLearning Lessons, 1-10 (covering provider administration of DMPA-SC **and** self-injection)
 - On-the-job training only (no eLearning)
 - Off-site training only (e.g., classroom-based training)
- Tick the box for **S** (Satisfactory), **NS** (Not Satisfactory) or **ND** (Not Done) for each step.
- **At the end of the observation:** write in the total number of steps performed satisfactorily. Give the health worker feedback on which steps they missed and how to perform them correctly going forward.

Self-injection counseling steps	Observation		
	S	NS	ND
1. Counsels client on FP options and supports client in choosing the method that best suits them.			
2. For clients who express interest in self-injection, screens for DMPA-SC eligibility.			
3. Provides information about possible side effects and what the client should do in case of side effects.			
4. Prepares necessary supplies and instruction aids for training: DMPA-SC (checks expiry dates), client self-injection instructions or video, reinjection calendar, injection model.			
5. Trains client by demonstrating injection technique on a model while client follows along with the job aid. Emphasizes the four critical injection steps: <ul style="list-style-type: none"> • Mixes solution by shaking device for 30 seconds, then checking device. • Holds device with needle pointed up, activates device by pushing needle cap and port together to close the gap. • Gently pinches the skin to form a “tent,” inserts needle at a downward angle. • Presses reservoir slowly for about 7 seconds. 			
6. Supervises, coaches and corrects as the client self-injects while following the job aid or video. Confirms client correctly performed the four critical injection steps. <i>If not, health worker retrains client or gives injection and encourages client to try again at next appointment.</i>			
7. Trains the client to calculate reinjection dates using the job aid and calendar. Confirms that client correctly calculates future reinjection dates.			
Is the client competent and does she want to self-inject at home?	<input type="checkbox"/> Yes <input type="checkbox"/> No		
8. Advises on proper storage of DMPA-SC at home, including keeping it at room temperature, out of sunlight and away from children and animals.			
9. Discusses proper disposal of used devices, including providing or helping identify an appropriate disposal container and returning used units to a health worker or facility.			
10. Gives supplies to client: DMPA-SC units (checks expiry dates), instruction sheet or video, reinjection calendar, disposal container (or guidance to find one).			
11. Discusses with the client when to follow-up, including for side effects or resupply.			
Competency assessment: In your judgment, did the health worker follow the 5 key steps (steps 5, 6, 7, 8, 10) satisfactorily?	<input type="checkbox"/> Yes <input type="checkbox"/> No		

If you selected “No” above, explain specifically what the health worker missed or did incorrectly for each step in the space below. Refer to the checklist on page 1 for details on each step.

Step #	What health worker missed or did incorrectly
5. Demonstrates injection technique while client follows along with the job aid. Emphasizes four critical steps.	
6. Supervises and corrects as client self-injects while following job aid or video. Confirms client correctly performed four critical injection steps.	
7. Trains the client to calculate reinjection dates using the job aid and calendar. Confirms that client correctly calculates future reinjection dates.	
8. Advises on proper storage of DMPA-SC at home: keeping it at room temperature, out of sunlight, away from children and animals.	
10. Gives supplies to client: <ul style="list-style-type: none"> • DMPA-SC units (checks expiry dates). • Instruction sheet or video. • Reinjection calendar. • Disposal container (or guidance to find one). 	